



Photo illustration by Airman 1st Class Jason Burton

Construction will start Thursday at the Spirit Gate. Drivers need to be aware of the construction zone and take the appropriate detours.

Construction near Spirit Gate to begin Thursday

Construction is scheduled to begin at the Spirit Gate Thursday and is scheduled to last until Aug. 6.

There are several projects that the 509th Civil Engineering Squadron will be overseeing to enhance the base's force protection measures and increase the safety of base personnel and assets.

These upgrades will include the realignment of the center median along Spirit Blvd. to provide two lanes of traffic in both directions.

A new walking path from the north to the south of Spirit Blvd. will also be constructed.

This new walkway will provide increased safety for children traveling to Whiteman Elementary School, the youth center and other buildings in that area.

All traffic coming through the Spirit Gate will be diverted to Houx Drive. Drivers can then take a left on Gray Lane and another left on Forbes Street to get back to Spirit Blvd.

All traffic leaving through the Spirit gate must take a right off of Spirit Blvd, onto Travis Lane and then a left onto March Drive. Then take a left onto Carswell Circle and then a right back onto Spirit Blvd. toward Highway 23.

Please consider using alternate gates during construction. Be alert for directions provided by traffic safety personnel.

Also, drivers are reminded to follow all posted signs and speed limits.

For more information, contact Gary Hall, 509th CES, at 687-6281.

(Information provided by 509th CES)

Whiteman Airmen respond to locale building collapse

Story by Maj. Joe DellaVedova

509th Bomb Wing Public Affairs chief

Responding to a state-wide request for mutual aid in Clinton, Mo., Whiteman Air Force Base sent 12 fire and rescue specialists about 28 miles south of the base to provide support for recovery operation for a building that collapsed Monday in the town's square.

The base sent Airmen, trained in rescuing people trapped in confined spaces, as well as a hazardous material vehicle and a trailer equipped with ropes, harnesses and protection equipment.

"We were there to assist state and local officials spearheading rescue operation," said Senior Master Sgt. Dean Turner, Whiteman Air Force Base's Deputy Fire Chief.

Rescuers jointly saved nine people trapped in the rubble of the three-story building that partially collapsed during an Elks Club dinner, but the club's leader was found dead early Tuesday morning, about 12 hours after the roof fell in.

"Our Airmen were on scene providing direct support to the initial responders and were later asked to crawl through the building's rubble and assist in finding the trapped people," Sergeant Turner said.

About 200 emergency personnel

worked outside the aging clothing store building, sandwiched between a law firm and pharmacy on the town's main street. In addition to Whiteman's specialized rescue team, crane operators and an urban search-and-rescue team joined the effort. Rescuers used camera and sound devices and canine rescue dogs to locate those trapped inside.

The nine survivors were trapped for several hours as rescuers tried to shore up the brick building to prevent further collapse.

The first was slowly removed shortly after midnight, and the last was carried out about 5:30 a.m. Wednesday. About 50 people had been on the second floor of the building for an Elks initiation dinner when the roof suddenly tipped onto the third floor, which then collapsed onto the diners below around 7:30 p.m. Monday, Clinton officials said.

Most managed to escape with minor injuries, but 10 people were trapped as the floor below them began to give way.

"Our hearts go out to our neighbors in Clinton," said Col. Greg Biscone, 509th Bomb Wing commander. "This was a tragic accident and during tough times people and communities come together to support one another. I'm glad our Airmen could lend a hand with rescue and recovery operations."

Documentary crew films at Whiteman



Photo by Maj. Joe DellaVedova

Eleventh Day Entertainment producer Frank Martin (right) and cameraman Paul Deng, film a B-2 taking off Monday morning. The documentary team was here for a History Channel program called "For Love of Liberty: The Story of America's Black Patriots." The documentary crew filmed Capt. Thomas Johnson, a B-2 pilot with the 13th Bomb Squadron as he prepared for a mission. The program is scheduled to air in 2007.

Nuclear Surety Staff Assistance Visit

NSSAV: July 24-28

Countdown 24 days

NSSAV tip of the week: Did you know there are six special interest items for a Nuclear Surety Inspection? Don't forget to review them on the HQ ACC/IG website.



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The deadline for article submissions to the *Spirit Times* is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submission does not guarantee publication.

For more information, call the *Spirit Times* office at 687-6133, e-mail: spirit.times@whiteman.af.mil, fax us at 687-7948, or write to us at: 509th BW/PA, 509 Spirit Blvd. Ste. 111 Whiteman AFB, Mo. 65305

Air Force Quiz

Name the oldest Air Force squadron, activated March 5, 1913. (see answer below)

9er Line

Dial 687-3119 or e-mail 9r.Line@whiteman.af.mil

Whiteman's 9er Line provides a communication channel for you to obtain information and assistance in making Whiteman a better place to live and work. Before calling the 9er Line, try to resolve your problem with the responsible base agency. If you've exhausted all the normal avenues to resolve the situation, then call Col. Greg Biscone, 509th Bomb Wing commander, at 687-3119 or e-mail 9r.Line@whiteman.af.mil.

Need a Wingman?

Confidential crisis counseling available 24/7. Call the Whiteman Help Hotline: 866-395-4357

Commander's Comments

Relax and reflect during this weekend

By Col. Greg Biscone
509th Bomb Wing commander

If you've driven around base housing lately, you've probably noticed lots of moving trucks either packing family belongings up as folks go to a new duty station or unpacking household goods of a family that has recently joined our team.

Last week, I joined in the unpacking of boxes as my family officially settled into our home. Debbie and I are proud to celebrate this 4th of July as members of the Whiteman family and we appreciate the warm welcome you've given us.

In this time of conflict, the July 4 holiday carries special significance; we have almost 500 Airmen from Whiteman deployed around the world and thousands more at home, defending the freedoms our forefathers fought to establish 230 years ago.

Consider a quick note to those deployed or include their family members in your celebration this weekend.

Our nation's birthday is a time of celebration, and a time to relax with family and friends. You have worked hard so enjoy this long weekend.

Whatever activities you have planned, remember to put safety first. You're important to our Nation and to me.

Debbie and I wish you a happy and safe Independence Day, full of fireworks, fun, relaxation and reflection on all that you do to keep us free.



THE SECRETARY OF THE AIR FORCE
CHIEF OF STAFF, UNITED STATES AIR FORCE
WASHINGTON DC



Air Force leaders send Independence Day message

Happy Birthday, America!

For 230 years, this nation and its people have represented freedom and democracy. We earned that reputation through courageous acts of patriotism by our founding fathers and through bravery on battlefields across the world.

Today we mark not a resounding victory in a great battle, but instead the day when we stood up as a free and independent nation and told the world we would no longer live under tyrannical rule.

This year, as you gather to celebrate the founding of our great nation, pause a moment to remember our heroes currently serving away from home, fighting to preserve the very same freedoms the patriots before us secured. Their efforts are helping us soar to a future bounded by limitless horizons.

You, the men and women of America's Air Force, reflect the generations of patriots who, through their actions, displayed the values of integrity, trust, service before self and excellence in all we do. Thank you for your unyielding commitment, and have a happy and safe 4th of July!


T. MICHAEL MOSLEY
General, USAF
Chief of Staff


Michael W. Wynne
Secretary of the Air Force

Do people really judge a book by its cover?

By Col. Gloria Twilley
509th Medical Group commander

Appearance in uniform and out of uniform is something we need to take a good look at to ensure we are ready to represent the Air Force as a sharp Airman.

Believe it or not, people do judge you on your professionalism by your appearance. I've always said, good things happen to good Airmen, and I certainly believe that, whether you sign up for four years or 30, make sure you represent yourself, your organization and the Air Force in the best possible light.

Invest time each week in getting your Battle Dress Uniform in top shape, that includes polishing your boots as well.

It is important when we wake up in the morning and put on the uniform of our great Air Force, we strive to keep personal appearance and health as a contributor to mission accomplishment. Physical fitness and meeting fitness standards are key to a professional appearance.

I've observed one of my Airmen, who works in ambulance services and during her slow periods during the

shifts she uses that time to polish her boots if they look the least bit scuffed. She is taking pride in ensuring she represents the medics in a positive light.

Since BDUs are the primary uniform of the day, take the time to ensure the pair that you choose to wear to work are pressed and look professional and retire the ones that are faded, too tight and simply aren't serviceable anymore.

Additionally, when we head out on our "down time," it's important for us to put our "best foot" forward and ensure we appropriately reflect who we are and who we represent. Civilian attire should be in good taste, appropriate and represent our high military standards ... after all we are Air Force resources 24/7.

I think you understand my thoughts on having a sharp uniform, but it goes beyond that—the same goes for haircuts and hairstyles. The Air Force has recently instituted some changes in regards to hair styles. I would recommend getting familiar with those changes and politely letting others know who aren't within standards.

We work hard and are dedicated professional Airmen, so why let any-

one think anything less of us? Why not take the responsibility to look the part of the greatest Air Force in the world? Why not spend one hour on Sunday pressing uniforms, shining boots and getting the whole week's uniforms "ready" to go?

Some recommended tips are:

- Review new uniform regulations
- Invest an hour per week in getting uniforms ready for your work week
- Keep yourself, physically fit (see the HAWC staff or your unit's PTL for assistance. Get in shape!)
- Use the money allotted to you (uniform allowance) to upgrade your uniforms

■ Consider taking uniforms to the cleaners, if you don't have the time to prep them yourself

Hopefully these tips will assist you. There are a lot of people prejudging us solely by our professional appearance. I encourage every Airman to eradicate those prejudices and take responsibility for their appearance and to those under their charge.

Our Airmen are doing some incredible things that we all need to be proud of, so keep up the good work and make the choice to be proud of your appearance and look like the great warrior you are. Stay sharp!



Newsline

Death announcement

Col. Greg Biscone, 509th Bomb Wing commander, regrettably announces the death of 1st Lt. Irma Garcia, 509th Aircraft Maintenance Squadron.

Anyone having claims against or indebtedness to Lieutenant Garcia's estate should call 2nd Lt. Candace Cutrufo, summary courts officer, at 687-6122.

TRICARE closes for holiday

The 509th Medical Group TRICARE/Tri-West Service Center will be closed Monday in observance of the Air Combat Command Family Day.

For more information, call 687-4350.

Commissary open holiday hours

The commissary will be open Tuesday from 10 a.m. – 6 p.m. For additional information call the commissary at 687-5655.

Firing range safety

Trespassing is prohibited on any of the Combat Arms ranges on base. Trespassing is not only illegal but dangerous due to weapons firing.

The 40mm grenade range is located on the east side of the base adjacent to highway D. The rifle, pistol, shotgun and machine gun ranges are located behind building 1236.

If entry must be made during duty hours contact combat arms at 687-5124, during non-duty hours contact Tech. Sgt. William Duft, 509th Security Forces Squadron, at 661-373-3082.

Airmen prepare base for return to Iraqi control

By Staff Sgt. Bryan Bouchard

U.S. Central Command Air Forces Public Affairs

CAMP AL RUSTAMIYAH, Iraq — In order for coalition troops to leave Iraq, the Iraqis must first be prepared to take over operations from the coalition. Part of accomplishing that task involves coalition forces training and validating the new Iraqi military.

Four Airmen assigned to a small forward operating base about 10 miles outside Baghdad are responsible for that training.

“Our job is to train, advise and mentor the Iraqi force to help them transition to taking over their country and getting coalition troops back home,” said Maj. Derek Jenkins, the senior military adviser from the Coalition Military Assistance Training Team deployed from Wright-Patterson Air Force Base, Ohio.

The camp houses the Iraqi Military Academy and the Joint Staff College, all advised by NATO. While the Iraqis haven't been given the keys to the base yet, Airmen with the Coalition Military Assistance Training Team are ensuring they will be ready to take over security when the time comes.

“The Iraqis are learning a lot,” said Master Sgt. Anthony Roop, a security forces Airman deployed from Whiteman AFB, Mo. “The Jundhi, which are the same as a private or an Airman, are very motivated, very positive. They want to do the job and they're ready to get to work.”

The Airmen are all here for 365-day deployments. They spent two months train-

ing at Fort Hood, Texas, before following on for more training in Southwest Asia. They have been working with the Iraqi base security team since May.

“It's been an excellent experience being able to watch them from the ground up,” said Master Sgt. James Trefurt, a security forces Airman from Eglin AFB, Fla. “It's interesting to see how the culture affects training as well.”

After basic training, coalition forces received the soldiers at Numaniyah in southern Iraq for their initial base defense course, which lasted about a month. Following that, the team and the new Iraqi battalion arrived back at Al Rustamiyah in June.

There are people from several NATO nations who populate the Iraqi instructor base for the Iraqi Military Academy and Joint Staff College there.

“If NATO nations are uncomfortable with the security provided by this base defense unit, there are a whole variety of negative consequences,” said Army Maj. Jim Payne, executive officer for the NATO certification team. “But on the flip side, if this unit can in fact provide robust force protection, and the NATO nations see that they can, then it helps demonstrate that the Iraqis can take ownership and provide what is necessary.”

The Jundhi have been learning everything necessary to create and maintain a robust base defense capability. Iraqi soldiers said they have the will and motivation to get the job done in order to return Iraq to its people.

“We've trained real world, and we have a lot of experience from the former army,” said Iraqi army Pvt. Ali Swadhi Medhi. “It's a good feeling to be part of the process to stabilize this country again.”

Regardless of the successes of the process, all of the instructors agreed that this endeavor has not been without its share of growing pains and challenges.

One of those is the language barrier. Sergeant Roop said he and the rest of the team rely on interpreters to interact with Iraqis. When interpreters are not around, he said sign language works for many tasks. But the hardest nut to crack for the team has been to untrain what has been a constant in the Iraqi military for years.

For Sergeant Trefurt, the Iraqis' own motivation can be a stumbling block in the process.

“One of the biggest challenges we have is that the Jundhi are motivated to get things done, however, they don't have the necessary skills yet,” he said. “Some of the challenges are empowering them and letting them know they will be taking over and we won't be here forever.”

That is the goal -- to prepare each Jundhi to take over the security of the NATO operation here.

“A lot of the Jundhi I work with have already showed interest that they are ready to take over the mission now and actually start doing their job,” he said. “They've been extremely knowledgeable and I'm impressed with the (progress) in a short period of time. I know they're capable now.”

Whiteman welcomes new commanders

509th Munitions Squadron



Photo by Airman 1st Class Lauren Padden

Maj. Kenneth Bottari (right), 509th Munitions Squadron commander, receives the 509th MUNS guidon from Col. Bob Dulong, 509th Maintenance Group commander, as part of a change-of-command ceremony June 22.

Previous assignment: 28th Maintenance Squadron Maintenance Operations Officer, Ellsworth Air Force Base, SD.

Time in service: 20 years

Commissioning source: Officer Training School

Family: Wife, Mona; daughters Jennifer and Rochelle

Hobbies: Running, exercising and reading

How does the squadron contribute to the Air Force mission? Munitions makes the mission, we put the “bomb” in bomb wing.

Command philosophy: Lead by example and take care of the people so they can accomplish the mission.

Goals for new position: To lead the 509th MUNS to be the premier munitions squadron in the Air Force.

509th Operations Support Squadron



Photo by Airman 1st Class Ryan Wilson

Lt. Col. Brian Copello (right), 509th Operations Support Squadron commander, receives the 509th OSS guidon from Col. Eric Single, 509th Bomb Wing vice commander, as part of a change-of-command ceremony June 23.

Previous assignment: Headquarters Air Force, Operations and Training Directorate, Checkmate Division, Pentagon

Time in service: 17 years

Commissioning source: University of Colorado AFOTC

Family: Wife, Wendi; son, Eli

Hobbies: Spending time with my wife and son and all sports, especially hockey and soccer.

How does the squadron contribute to the Air Force mission? The 509th OSS Hawks make the wing ready to fight. We own the airfield and all airfield operations to include the tower, radar approach control, base operations and weather support for the wing. We are wing intelligence, supporting the B-2 mission.

Command philosophy: We are a nation at war, the mission must come first. However, the mission is not supported by machines, it's supported by people. Take care of each other, and the mission will not fail.

Goals for new position: Always ready to fight!

509th Services Squadron



Photo by Airman 1st Class Lauren Padden

Maj. James Rumbley (right), 509th Services Squadron commander, receives the 509th SVS guidon from Col. Connie Davis, 509th Mission Support Group commander, as part of a change-of-command ceremony June 23.

Previous assignment: Command Protocol, Headquarters U.S. Strategic Command

Time in service: 22 years

Commissioning source: Officer Training School

Family: Wife, YonAe

Hobbies: Recreational walking, reading and bowling

How does the squadron contribute to the Air Force mission? Provides a variety of force sustaining support to war fighters as well as numerous critical morale programs for military personnel and their families.

Command philosophy: Support the mission, do the right thing, and take care of each other.

Goals for new position: Continue to provide outstanding goods and services to the Whiteman community as well as creating a positive working environment for my squadron personnel ... take care of those who take care of others.



Photo by Maj. Joe DellaVedova

Betty Jones, 509th Comptroller Squadron, received a Commander's coin from Col. Greg Biscone, 509th Bomb Wing Commander, Wednesday as a token of appreciation for her 42 years of service.

A lifetime of service

By Senior Airman Jason Barebo

509th Bomb Wing Public Affairs

Betty Jones, a budget analyst with the 509th Comptroller Squadron, received a Wing Commander's coin from Col. Greg Biscone, 509th Bomb Wing commander, Wednesday for her 42 years of service to the military as a civilian employee.

Miss Jones began her career in civil service Dec. 17, 1962, as a key punch operator for the Army air nautical depot maintenance center located then at Corpus Christi Naval Air Station, Texas. She moved to Whiteman in September 1972 to work as a flight operations clerk at base operations where she maintained pilot flight records.

A mother of seven children, Miss Jones moved from working at base operations to her current position in the 509th CPTS budget office. Her official retirement date is Saturday.

When asked how she will spend her time now, Miss Jones replied, "I will have time to spoil my grandkids."

FIREWORKS ***SAFETY***

Celebrate Independence Day with intelligence

The U.S. Consumer Product Safety Commission estimates more than 8,900 people were treated for fireworks-related injuries in 2004. During the past 10 years, about a third of the injuries associated with fireworks have been caused by illegal explosives or homemade fireworks.

If you plan to shoot your own fireworks:

- Check local laws. Make sure fireworks are legal where you live.
- If they are legal, know what kinds are legal and what kinds aren't.
- Don't let young children play with fireworks or set them off.
- Adults should either ignite the fireworks, or supervise older children who are doing it.
- Read the warnings, rules and instructions. Then, after you read them, follow them to the letter.
- Wear eye protection and keep all parts of your body out of the line of fire.
- Make sure the audience is out of range of misfired or misdirected rockets and roman candles.
- Set off the fireworks on a hard, flat surface away from anything flammable.
- Wait several minutes before walking up to a firework that didn't go off.
- Don't try to relight duds or misfires. Soak them in water.
- Have a bucket of water or a garden hose handy.
- Buy fireworks from reliable retailers.
- Never experiment with fireworks or try to make homemade ones.
- Avoid storing fireworks for extended periods. If you must store them, keep them in a cool, dry place.
- When the show is over, soak the expended fireworks and dispose of them in a trash container.
- M-80s and "blockbusters" are not legal fireworks; they are dangerous, banned explosives. They are extremely dangerous. Avoid anything that isn't clearly labeled with the name of the product, the manufacturer's name and instructions for proper use.

If you attend a professional display:

- You don't need to get close. The best view is from several hundred yards away.
- If debris falls nearby, don't touch it.
- Leave pets at home. Dogs, in particular, can have their hearing damaged by the explosions. (*Courtesy of the 509th Bomb Wing Safety Office*)

Firework FAQs

Can I use fireworks on base? At Whiteman: Fireworks use on the base isn't allowed without the approval of the fire chief, 509th Mission Support Group commander and 509th Bomb Wing Safety Office. People should check local city and county ordinances before use off base.

Where can I purchase and use fireworks? In Knob Noster, Sedalia or Warrensburg: Fireworks can't be sold, bought or used, to include sparklers, within the city limits.

Within Johnson County, Mo.: fireworks can be sold, bought and used.

Service with a Smile

Civil service worker serves military for 39 years

Story and photo by Senior Airman Jason Barebo
509th Bomb Wing Public Affairs

Thirty-nine years of military service is considered by many a huge accomplishment, especially when that accomplishment is achieved by a civilian employee.

Carol Ann Sliwka achieved just that. Currently the secretary for the 509th Mission Support Group commander, Mrs. Sliwka began her career as a secretary in February 1967 for the Department of Defense at the Pentagon. Mrs. Sliwka recalled her experience working during the height of the Vietnam era.

"In those days, there were a lot of demonstrations and human chains that would go all the way around the Pentagon," Mrs. Sliwka said.

The youngest daughter of eight, Mrs. Sliwka moved from the Pentagon in December 1982 to work as the secretary for the commander of the Department of the Army Military Personnel Center in Alexandria, Va. From there, she followed her husband, now retired Air Force Col. Richard Sliwka, to Whiteman Air Force Base for his new assignment in 1990.

A wife of 23 years, Mrs. Sliwka started working for the Air Force and in January 1991, began working for the 351st Medical Group here. She was later transferred to her current position August 10, 1992, where she most currently worked with Col. Connie Davis, 509th MSG commander.

"She takes great care of the 509th Mission Support

Group," Col. Davis said of Mrs. Sliwka. "The very best thing about Carol Ann, besides the fact that she does push-ups with us, is that she treats everyone equally well when they walk in the door. It doesn't matter if the wing commander comes in or a one striper, Carol Ann is courteous, friendly and professional with them all. We're really going to miss her!"

When asked about how she will spend her spare time, Mrs. Sliwka said the first thing she is going to do is turn off her alarm clock.

Mrs. Sliwka said she plans on spending most of her time with her husband and focusing on her hobbies. A Minersville, Penn., native with family also in Virginia, Maryland and New Jersey, she said she will have the opportunity to spend a lot of time with her family members.

Carol Ann, an avid doll collector, enjoys making paper dolls as well.

"People ask me, 'what are you going to do with all your free time?'" to which she replies, "I don't know what I want to do when I grow up."

At 62, Mrs. Sliwka is still a kid at heart. She also mentioned that she and her husband will definitely stay in Warrensburg close to their church, neighbors and friends.

"It's our home now," she said of Warrensburg.

Carol Ann Sliwka's retirement ceremony is at 10:30 a.m. today at Mission's End and a luncheon is scheduled to follow.



Carol Ann Sliwka has served 15 years of her 39—year civil service career at Whiteman. The 509th Mission Support Group said congratulations to Mrs. Sliwka for her 39 years of service to the United States military and its members. They said her hard work and dedication is truly inspirational and will be missed. They wished her good luck in the future.

2005 study shows base water is safe

(Editor’s note: This is an annual report on the quality of water delivered by Whiteman Air Force Base. There were no contaminant level, monitoring or treatment technique violations for this reporting period. Under the Consumer Confidence Reporting Rule of the federal Safe Drinking Water Act, community water systems are required to report this water quality information to the consuming public. Presented in this report is information on the source of Whiteman AFB water, its constituents and the health risks associated with any contaminants.)

The verdict is in: Whiteman’s drinking water met all the requirements established by the Environmental Protection Agency, making it safe to drink and violation free during 2005.

The base drinking water comes from the Whiteman Water Treatment Plant operated

by 509th Civil Engineering Squadron. This system is assigned the identification number MO 1079501.

The plant treats water from the Ozark Aquifer pumped from wells located on base. This water is filtered and treated with chlorine to disinfect the water. These wells have been tested and the results are available from the 509th Medical Operations Squadron, Bioenvironmental Engineering Flight at 687-4324. Anyone who would like to observe the decision-making processes affecting the quality of the base water or who has questions, can call the water plant at 687-1984.

The sources of drinking water, both tap and bottled, include rivers, lakes, streams, ponds, reservoirs, springs and wells. As water travels over the surface of the land or through the ground, it dissolves natu-

rally occurring minerals and, in some cases radioactive material, and can pick up substances resulting from the presence of animals or from human activity.

Contaminants that may be present in source water include:

■ Microbial contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife.

■ Inorganic contaminants, such as salts and metals, which can be naturally occurring or result from urban storm water runoff, industrial or domestic wastewater discharges, oil and gas production, mining or farming.

■ Pesticides and herbicides, which may come from a variety of sources such as agriculture, urban storm water runoff, and residential uses.

■ Organic chemical contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can also come from gas stations, urban storm water runoff and septic systems.

■ Radioactive contaminants, which can be naturally occurring or the result of oil and gas production and mining activities. In order to ensure that tap water is safe to drink, the EPA prescribes regulations which limit the amount of certain contaminants in water provided by public water systems. Food and Drug Administration regulations

establish limits for contaminants in bottled water which must provide the same protection for public health.

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk.

More information about contaminants and potential health effects can be obtained by calling the EPA’s Safe Drinking Water Hotline at 800-426-4791.

Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as those with cancer undergoing chemotherapy, people who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly and infants can be particularly at risk from infections.

These people should seek advice about drinking water from their health care providers. EPA and Center for Disease Control guidelines on appropriate means to lessen the risk of infection by cryptosporidium and other microbial contaminants are available from the Safe Drinking Water Hotline at 800-426-4791.

For more information, call 1st Lt. Heidi Grandin or Tech. Sgt. Timonthey Houey, 509th Medical Operations Squadron Bioenvironmental Engineering Flight, at 687-4324.

Table of detected contaminants

Contaminant	MCLG	MCL	Units	Level found	Range	Violation	Frequency	Typical source of contamination
Microbial								
Total Coliform	0	< 5	# positive samples	0 positive samples	N/A	No	weekly	Natural bacteria present in the environment
Turbidity	N/A	TT	NTU	0.047	0.0 – 0.20	No	12x daily	Soil runoff/indicator of filtration efficiency
Inorganic								
Barium	2	2	ppm	0.0230	0.023	No	2005	Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposits Erosion of natural deposits; Discharge from fertilizer and aluminum factories Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits
Fluoride	4	4	ppm	0.6400	0.64	No	2005	
Nitrate and Nitrite	10	10	ppm	< 0.05	< 0.05	No	2005	
Organic								
Trihalomethanes	N/A	80	ppb	12.9000	12.9	No	2004	By-product of drinking water chlorination
Radiological								
Gross Alpha	0	15	pCi/L	1.3000	1.3	No	2004	Erosion of natural deposits
Inorganic	Action level	Units	90th percentile	Sites exceeding AL	Collection period		Typical source of contamination	
Copper	AL = 1.3	ppm	0.034	0	1/1/2004-12/31/2004		Corrosion of household plumbing systems; erosion of natural deposits; Leaching from wood preservative Corrosion of household plumbing systems; Erosion of natural deposits.	
Lead	AL= 15	ppb	0.000	0	1/1/2004-12/31/2004			
*All sample monitoring frequencies are current and in accordance with state and federal regulations.								

Optional Contaminants

Inorganic	Unit	Level found	Range of detections	Sample year
Alkalinity	ppm	245.0000	245	2002
Calcium	ppm	15.7000	15.7	2005
Chloride	ppm	42.0000	42	2005
Hardness	ppm	240.0000	240	2002
Magnesium	ppm	14.2000	14.2	2005
Ph	N/A	8.4400	8.44	2005
Potassium	ppm	3.8500	3.85	2005
Sodium	ppm	48.9000	48.9	2005
Solids	ppm	234.0000	234	2005
Sulfate	ppm	49.4000	49.4	2005
Zinc	ppb	5.0000	5	2005
Volatile Organic				
Bromodichloromethane	ppb	1.1200	1.12	2004
Bromoform	ppb	7.6700	7.67	2004
Dibromochloromethane	ppb	4.1400	4.14	2004

Maximum Contaminant Level Goal (MCLG) - The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

Parts per billion (ppb) or Micrograms per liter (µg/L) - One part per billion corresponds to one part per billion parts. As an example, a single dollar of \$1,000,000,000 is 1 ppb.

Action Level (AL) - The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

Maximum Contaminant Level (MCL) - The highest level of a contaminant that is allowed in drinking water. MCLs are set as

close to the MCLGs as feasible using the best available treatment technology.

Million fibers per liter (MFL) - Millions of asbestos fibers per liter of water.

Picocuries per liter (pCi/L) - Picocuries per liter is a measure of the radioactivity in water.

Milliroentgens equivalent man per year (mRem/yr) - Milliroentgens equivalent man per year is an estimated dose of beta radiation to a human.

Treatment Technique (TT) - A required process intended to reduce the level of a contaminant in drinking water.

Nephelometric Turbidity Units (NTU) - A measure of the cloudiness of water.

Level found - Is the average of all test

results for a particular contaminant.

Variances and exemptions - State or EPA permission not to meet an MCL or treatment technique under certain conditions.

Parts per Million (ppm) or Milligrams per liter (mg/L) - One part per million corresponds to one part (amount) per million parts. As an example; a single dollar in \$1,000,000 is 1 ppm.

N/A - not applicable

Range of detection - Shows the lowest and highest levels found during a testing period, if only one sample was taken, then this number equals the Level Found

90th percentile - For copper and lead testing. 10 percent of test results are above this level and 90 percent are below this level.

Team Whiteman Community

442nd First Sergeants Car Wash set

The 442nd Fighter Wing First Sergeants Annual Car Wash will be held 11 a.m. to 1 p.m. July 8 in the base exchange parking lot.

Donations will be accepted and members are asked to please stop by and support this event.

Free concert for base members

The all-female country music group, Cowboy Crush, will perform a free concert for Department of Defense cardholders 6 p.m. July 16 in the 442nd 5-Bay hangar as part of the Spirit of America Tour.

Seating is limited and lawn chairs are welcome.

Top 3 to announce scholarships

The Whiteman Top 3 Association will give away three \$300 scholarship grants to Whiteman Air Force Base enlisted members and their families.

Scholarship funds come from a variety

of Whiteman Top 3 fundraising activities, such as die cast model sales, POW/MIA bracelet sales and other community events.

Applications for the scholarship grant are available at the base education and training center or from the Whiteman intraweb at <https://wwwmil.whiteman.af.mil/top3/Scholarships.shtml>.

The application package consists of the application form, transcripts from previous classes and a single-page essay. Applications are due to the education office by today.

The selection board will review the applications, and select winners based on educational goals, scholastic achievement and financial need.

For more details, call Master Sgt. Gerald Crowley at 687-6134.

Education

Call the base education center at 687-5750 for more details on these events.

Tuition assistance rules

Out of all the benefits earned while on active duty, 100 percent tuition assistance ranks among one of the most important.

However, there are rules that must be

followed. The university or college you want to attend must be regionally or nationally accredited.

If you fail to complete the course, you must reimburse the tuition back to the government. To learn more about education benefits and the rules that apply visit the Education Center, Bldg. 145, or call 687-5750.

College credit information

Every Air Force member starts earning college credit in basic training. You earn college credits in your technical school and continue to earn credit when you finish your upgrade training. You may be closer to a degree than you think.

For more information, visit the Education Center, Bldg. 145, or call 687-5750 to find out how close you are.

Family Readiness

Call 687-7132 for more details on these Airman and family readiness center activities.

WIC representative to visit base

A WIC representative is available beginning at 8:30 a.m. Thursday. WIC includes

nutrition education, health promotion and a supplemental food program to help women, infants and children who have nutritional needs.

For more details, call the WIC office in Warrensburg at 747-2012.

Pre-deployment briefing set

A mandatory pre-deployment briefing for people who are deploying or going on a temporary duty assignment for more than 30 days begins at 1 p.m. Wednesday. Spouses are encouraged to attend.

This briefing covers information about preparing for deployment and programs available to family members who are left behind.

Class helps with move

A mandatory smooth move seminar for people planning to move overseas in the near future begins at 1 p.m. Thursday.

Facilitators will discuss the financial benefits associated with moving and provide a variety of useful resources.

PCS orders are not necessary. Spouses are encouraged to attend. Reservations are required.

Customer feedback

Tell us how we're doing
@ <https://ice.disa.mil>



Interactive
Customer
Evaluation

Summer reading program

B.J. Ream from the Missouri Conservation Department will visit the library at 10 a.m. to talk to children of all ages about Missouri mammal tracks. There will also be a fun project to work on.

Thursday

Squash album

Learn to create a squash album to show off your favorite brag pictures with a class 10-noon at arts and crafts. The cost is \$10 plus supplies. Sign up by noon Wednesday.

Thursday throwback

Join the weekly scratch sweeper at the Stars and Strikes which takes place 7-9:30 p.m. every Thursday. The cost is \$20 per week.

Coming up...

Kids night out - nautical night

Children ages 6 to 8 can set sail for some fun 6:30-9:30 p.m. July 7 at the teen center. The activities will involve, sand art, fishing pole casting, sailor hat painting as well as the usual fun and games. The cost is \$6 for members, \$8 for nonmembers. Call the teen center at 687-5819 to sign up.

Weird glop

Get ready to get messy when you make your own “glop” at the community center, 2:30-3:30 p.m. July 8. Great for children ages 5 and older. Children must be accompanied by an adult and should wear suitable clothes for messy work! The cost is \$2, call to sign up as space is limited. Stay for a free family movie afterwards.

Bass Pro Shop trip

Outdoor recreation is taking a bus down to Springfield, Mo. to visit the Bass Pro Shop. The cost is \$15 which covers transportation. Discount tickets for the Wonders of Wildlife museum are available from information, tickets and travel before the event. The bus will leave at 8 a.m. July 8 and return around 5 p.m. Call to sign up.

\$2 Lunch

Club members can enjoy one of the great benefits offered by Mission’s End with a \$2 lunch buffet on July 10. The buffet includes drink, dessert and salad bar.

Swimming lessons

Learn to swim or just work on your confidence and technique with swimming lessons at the base pool. The next session takes place Monday-Thursday July 10-21 and costs \$30 for eight lessons. Swimmers will be divided into groups, depending on ability from parent/tot to level 5. Contact pool personnel at 687-5502 for details.

Decoupage class

Learn the fine art of decoupage to create beautiful boxes and other items. This two-session class will take place 1:30-3:30 p.m. July 10 and 17. The cost is \$15 including supplies. Sign up by noon July 7.

Float trip

Enjoy a gentle float trip down the Pomme de Terre river with outdoor recreation. The trip takes place 8 a.m.-5 p.m.

July 12 and is perfect for beginners. The cost is \$17 which covers transportation, canoe rental and life jacket. Bring a picnic lunch. Call to sign up by July 7.

Available now

Pet supplies, toys and treats

The vet clinic is able to order everything for your pet, from grooming brushes to their favorite chew toy and the cost is much less than other stores. For example, a grooming spray, which would cost \$6.99 at an off-base store, costs only \$4.71 at the vet clinic and you can save more than \$3 on a large Kong toy if you order through them. Call or stop by the clinic to check out what they can save you.

Family child care

Want a profitable home-based career?

Family child care providers are needed to provide care for the following: evenings, weekends, swing shift workers, infants, special needs and mildly-ill children. Air Force is now offering a subsidy for providers who are willing to meet these critical needs. Providers who hold a license are subsidized between \$100 and \$150 a week per qualifying child. Providers with chronic health problems are accepted. Call 687-5580 for more details.

Pet care

Summer pet care

Never leave your pet in the car. Though it may seem cool outside, the sun can raise the temperature inside your car to 120 degrees Fahrenheit in a matter of minutes, even with the windows rolled down. If you need to run some errands, leave your pet at home.

Movie Schedule

7 p.m. Friday, June 30

Mission Impossible 3 PG-13

7 p.m. Saturday, July 1

Just my Luck PG-13

3 p.m. Sunday, July 2

Mission Impossible 3 PG-13

Adults: \$3.50 Children: \$1.75
Movie Recording Line: 687-5110

Movies subject to change due to availability.

Squadron telephone directory

Combat Support Flight

Fitness Center.....687-5496
Library.....687-5614
Ozark Inn.....687-5469
Touch & Go.....687-2700
Whiteman Inn.....687-1844

Community Support Flight

Arts and Crafts Center.....687-5691
Auto Hobby Shop.....687-5689
Bowling Center.....687-5114
Outdoor Recreation.....687-5565
Mission’s End.....687-4422
Golf Course.....687-5572
Tickets and Travel.....687-5565
Veterinary Clinic.....687-2667

Family Member Support Flight

Child Development Center.....687-5588
Community Center.....687-5617
Family Child Care.....687-5590
Teen Center.....687-5819
Youth Center.....687-5586

Outdoor Recreation takes on Summer

By SVS Marketing

Get outdoors and enjoy the summer with outdoor recreation. Outdoor recreation offers adventure trips, base pool, recreational vehicle storage, privately owned vehicle resale lot, equipment rental, and lawn and garden rental. Get everything you need from garden tools and camping gear to boats and campers. The base swimming pool is now open with free lap swimming from 11:30 a.m.-1 p.m., Mon-Fri, daily recreational swim times are 1:15-6 p.m. Mon-Fri and 12-6 p.m. Sat-Sun. Adult only evening swims on Monday, Tuesday and Thursday, from 6-8 p.m. The daily rate for active duty military, dependents, retirees and DoD civilians is \$1.50, \$2 for civilian guests. Base members can

book a private pool party for any Wednesday, Friday, Saturday or Sunday until Labor Day. Contact pool personnel for times and further details.

In July, turn your attention to the water with swimming lessons for all abilities from parent and tot through level 5. Lessons will run Monday-Thursday July 10-21 and cost \$30 for 8 classes.

The outdoor adventure program will feature a camping and canoe trip down the Buffalo National River July 1-2; a float trip on the Pomme de Terre River on July 12; and White Water Rafting at Royal Gorge, Colorado July 29-31. For those who prefer dry land, there's a trip to the Bass Pro Shop in Springfield, Mo. on July 8. Contact outdoor recreation for details on all these outings and look out

for the sky diving coming in August!

Don't forget all the rental equipment, pontoon and ski boats are available for \$80 per day to those who have completed the boater's safety course offered free at outdoor recreation. Canoes, trailers, water ski equipment and tents are also available along with everything you need for that mid-summer party. Stop by and see what there is to offer.

ITT is also located at outdoor recreation, come in for all of you attraction ticket needs. They have discounted Worlds of Fun, Oceans of Fun, Silver Dollar City, and Celebration City tickets on hand.

For more information on any of the trips or equipment offered by outdoor recreation call them at 687-5565.

Today

Spin class

A free spin class will be held at noon at the fitness center.

Power stretch

Improve your flexibility with a free power stretch class, 5:30 p.m. at the fitness center.

Kids Night Out, beach bum evening!

Cool off with a night of watery games - water balloon toss, bucket brigade, the human car wash as well as sidewalk chalk-ing, frisbee golf and beach ball games. Open to children ages 6 to 8, the fun starts at 6.30 p.m. at the teen center. Participants should wear swimsuits or clothes which can get soaked and should bring a towel. The cost is \$6 for members, \$8 for non-members. Call the teen center to sign up.

Monday

Dentokan karate

Improve your self-discipline, strength, flexibility and focus with karate instruction 4-5 p.m. every Monday and Wednesday at the community center. The cost is \$30 for members, \$40 for nonmembers per month (8 sessions).

Scrapbooking texture

Learn how to add texture to your scrapbook pages without bulking up your book with a class 10 a.m.-noon at arts and crafts. The cost is \$10 plus supplies. Sign up by noon on today.

Tuesday

4th July celebration

Celebrate America’s independence with something for everyone throughout the day.

9 a.m. Red, white and blue four-person scramble golf tournament at Royal Oaks. \$20 plus cart and green fees. If you hit a hole-in-one off tee 2 you can win a Harley Davidson Fat Boy from Blue Springs Harley.*

2 p.m. No-tap bowling tournament at Stars and Strikes. Great prizes for costumes as well as bowling. Call for details.

3:30 p.m. Fishing Derby at the base lake. All ages welcome. Prizes for first, second, third and biggest fish in two age groups.

7 p.m. Great music and family picnic at Skelton Park. Bring your food, drink and lawn chairs. Outdoor recreation will provide the fun!

9 p.m. Fireworks at Skelton Park.

Wednesday

Preschool enrollment

Starting today the child development center is accepting children ages 3 to 5 for preschool (children must turn 3 by July 31). The class starts August 21. The cost depends on family income. Call the child development center at 687-5588 for details.

Check out: www.whitemanservices.com
for facility information, events and the Services Connection magazine.